HOW TO DIAGNOSE OXIDATIVE STRESS?



Evaluate the level of the oxidative stress, it is to be ahead of onset of pathology!

The body maintains a delicate balance between free radicals working to oxidize toxic compounds, and the antioxidant defense system. When this balance is upset, we enter in "Oxidative Stress" which causes the appearance of cellular lesions. If unchecked, Oxidative Stress can lead to accelerated aging, and to a greatly increased risk of disease.

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